



CanWel Building Materials
Suite 302, 369 Terminal Avenue
Vancouver, BC V6A 4C4

Press Release

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CANWEL BUILDING MATERIALS ADDED TO S&P/TSX SMALLCAP INDEX

VANCOUVER, CANADA – September 14, 2010 – CanWel Building Materials Group Ltd. (“CanWel” or “the Company”) (TSX:CWX) is pleased to announce that it has been added to the S&P/TSX SmallCap Index (or “Index”), which will become effective after the close of trading on Friday, September 17, 2010.

The S&P/TSX SmallCap Index provides an investable index for the Canadian small cap market. The index is float adjusted and market cap weighted and was developed with industry input as the ideal benchmark for those with small cap exposure to the Canadian equity market. The Toronto Stock Exchange (TSX) serves as the distributor of both real-time and historical data for this index.

“We are very pleased with the Company’s inclusion in the S&P/TSX SmallCap Index,” stated Amar S. Doman, Chairman and CEO of CanWel. “We are hopeful that our inclusion in the Index will assist in further broadening our shareholder base and attract new investors to our Company.”

About CanWel Building Materials

CanWel Building Materials trades on the Toronto Stock Exchange under the symbol CWX and is Canada’s largest national distributor in the building materials and related products sector, operating distribution centres coast to coast in all major cities and strategic locations across Canada. CanWel Building Materials distributes a wide range of hardware, building materials, lumber, and renovation products. Further information can be found in the disclosure documents filed by CanWel Building Materials (and its predecessor, CanWel Building Materials Income Fund) with the securities regulatory authorities, available at www.sedar.com.

For further information regarding CanWel please contact:

Ali Mahdavi
Investor Relations
416-962-3300 or +1(866) 430-6247
am@spinnakercmi.com

Certain statements in this press release may constitute “forward-looking” statements. When used in this press release, such statements use words, including but not limited to, “may”, “will”, “expect”, “believe”, “plan”, “intend”, “anticipate” and other similar terminology. These forward-looking statements reflect the current expectations of CanWel’s management regarding future events but involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of CanWel, including the performance of CanWel on a consolidated basis, or industry results, to be materially different from any future results, performance or achievements expressed or implied by such

forward-looking statements, which may lead to CanWel being ineligible to maintain its listing in the Index, or CanWel's relative performance to other Index or listed issuers being inadequate to maintain its Index listing. Actual events could differ materially from those projected herein and depend on a number of factors. These factors include, but are not limited to, any potential disruptions resulting from recent developments pertaining to the changing of, or introduction of new or different, management, regional management or senior management, making it more difficult to maintain relationships with customers, employees or suppliers, and additional risks and uncertainties include, among others: general economic and business conditions, product selling prices, commodity price fluctuations, information systems risk, operating costs, interest rate risk, credit risk, competitive conditions and other factors referenced herein and in the Company's AIF dated March 30, 2010 and our public filings on www.sedar.com. These statements reflect management's current expectations regarding future events and operating performance and speak only as of the date of this press release. Additional factors that could cause results to differ materially from those described in the forward-looking statements can be found in the periodic and other reports filed by CanWel with Canadian Securities Commissions and available on Sedar (<http://www.sedar.com>). CanWel does not undertake, and specifically disclaims, any obligation to update or revise any forward looking information, whether as a result of new information, future developments or otherwise, unless required by law.

Information regarding the Index has been obtained from public information which CanWel expects to be reliable, however CanWel has not independently verified such information, and disclaims any liability arising therefrom.