



CanWel Building Materials
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Press Release

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CANWEL BUILDING MATERIALS ANNOUNCES EXECUTIVE APPOINTMENTS

VANCOUVER, CANADA – August 16, 2010 – CanWel Building Materials Group Ltd. (“CanWel” or “the Company”) (TSX:CWX) announced today two key executive appointments.

Bob Simko, previously the President and CEO of Broadleaf Logistics Company (“Broadleaf”), will assume the new role of President of the Company's CanWel+Broadleaf Division. Separately, Robert Downs will assume the role of President with the CanWel Hardware Division. The appointments will be effective September 7th, 2010. Both individuals will report directly to Amar S. Doman, Chairman and CEO of the Company.

"As we optimize our new operating platform for the benefit of the Canadian market place, it is critical to maintain focus across each of our core businesses," noted Mr. Doman. "Bob will provide solid leadership for the integration activities as we combine the two legacy lumber and building materials entities, while Robert will bring his strong leadership and experience to the Hardware Division."

About CanWel Building Materials

CanWel Building Materials trades on the Toronto Stock Exchange under the symbol CWX and is Canada's largest national distributor in the building materials and related products sector, operating distribution centres coast to coast in all major cities and strategic locations across Canada. CanWel Building Materials distributes a wide range of hardware, building materials, lumber, and renovation products. Further information can be found in the disclosure documents filed by CanWel Building Materials (and its predecessor, CanWel Building Materials Income Fund) with the securities regulatory authorities, available at www.sedar.com.

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